



Līdzfinansē
Eiropas Savienība

How can young people physically employ themselves in their free time?

Sabīne Jaunzeme 10.b



Basketball court, located in the village named Kadaga, behind the houses 7. and 8. and young people can play basketball on the basketball court.



The picture shows a football field located in Kadaga behind the 8th house. In this field usually young people play football, but if they have any ideas of other sport activities that they can do there, they also do that.



Volleyball court, located next to the football field, located behind the 8th house. On the volleyball court, young people enjoy playing volleyball or self-made games with a volleyball ball.



Sports bars, located right where the volleyball and football fields are. Young people go there to keep themselves in shape with the thought to keep themselves in shape, because although volleyball, football and basketball are also sports, young people see it as entertainment and spending free time with friends. At sports bars young people can grow their muscles with pullups or right next to the bars do other physical activities.

In Kadaga there are lots of forests so young people can also go for a run or a jog.

Kadaga is a small village so there isn't many things young people can employ themselves with, but if they don't like these options they can go to Ādaži because there is a lot more.